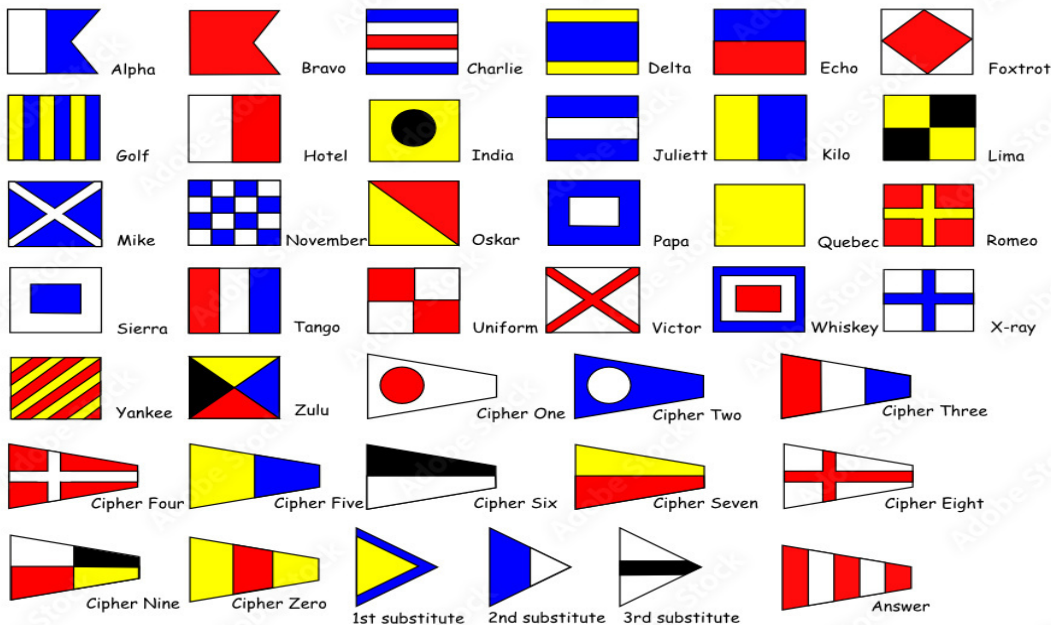


# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS



**SILVER WIND**  
FRIDAY, 28 MARCH 2025

**EN ROUTE TO**  
SALDANHA, SOUTH AFRICA

**TODAY'S WEATHER**  
*Partly Cloudy / Chances of Rain*  
High: 20°C / 68°F  
Low: 19°C / 66°F

## TIME CHANGE



Please turn your clocks  
**ONE HOUR FORWARD**  
during the night  
between **27 and 28**  
**March.**

# ELEMENTS OF SEA LORE THE INTERNATIONAL FLAG CODE

As the largest moving objects made by man, ships are subject to stringent international regulations. When circumstances are in doubt or shipping lanes crowded, ships will often use their whistles to show which way they will turn, much as a car driver uses his directional signals. One blast on the whistle means she is turning to starboard. Two blasts mean a turn to port. The other vessel will acknowledge by repeating the same signal. Ships also carry navigational running lights: green for starboard, and red for port. In addition, two white lights are carried on the mast, the forward one positioned lower than the aft.

Flags and pennants form another significant part of the ship's communication facilities and are displayed for identification purposes. Every time a country is visited, its national flag is shown as a courtesy. While entering and leaving a port, the ship flies a blue and yellow flag with vertical stripes to request a pilot, while half red, half white (divided

vertically) indicates that a pilot is on board. Cruise lines and passenger shipping lines also display their own 'house' flag, proudly fluttering from the main mast.

Flags of the international flag code are used at sea and can be translated into 9 languages. The set of flags toward the port-side wing of the Bridge are each given a letter to identify meanings, and are stored in alphabetical order; however, it is their colours, which are important. Flags are flown so that vessels can identify one another and states of maneuvering they may be in.

One of the most commonly signals used is 'B' for bunkering for instance. Specific flags can also be used to convey a warning or distress message: 'O' for man overboard, 'D' for steering difficulties and so on.

# THE CHEF & THE SOMMELIER

EXQUISITE WINES FROM OUR CONNOISSEUR'S WINE LIST WITH A GOURMET LUNCH.

Join *Silver Wind* Executive Chef Pia and Head Sommelier Maria, on **30 March, in La Dame**, on this exclusive opportunity to experience the art of wine and food pairing.

Due to limited space, reservations are required and a **fee per person is applicable**.

The Head Sommelier and Reception will assist in all the details. Should you wish to cancel your reservation for the wine tasting, please note that you must do so **by the latest 29 March before 16:00**, otherwise, the full wine tasting fee per person will be billed to your Guest Account.



# PRINT YOUR PHOTOS ON BOARD

USE THE PHOTO STUDIO TO PRESERVE YOUR MEMORIES NOW

Join a multifaceted, immersive masterclass in photography hosted by a professional photographer. Enjoy in-studio and in-the-field instruction (weather permitting), plus a photo-editing session. Visit the Photo Studio for details. Fee applies.

**For more information, please contact your Photo Studio Manager Bogdan on Deck 5.**



# WORLD CRUISE 2027

The Atlantic, Pacific and Indian Oceans aren't just geography. They are a unique collection of cultures, histories, sensations and ideas. Our World Cruise 2027 crosses each one to explore their rhythms and unveil their secrets, visiting more places than ever before with curated experience that take you deeper into the soul of each place you visit.

For more information, please contact your Future Cruise Manager Joshua on Deck 6, or extension 8871.



# ONBOARD MOVIES



Discover on MyCruise Interactive TV our full selection of movies and documentaries. Relax in the comfort of your suite and enjoy the latest releases. We also have genre-specific lists for action, comedy, fantasy, musical, romance and more. Straight out of Hollywood and fresh from the theater, find out what's new, popular and available.

# RELAXATION PACKAGE

PAMPER YOURSELF

▶ AT 8:00 – 22:00  
THE ZÀGARA BEAUTY SPA, DECK 9

Pamper yourself with all of these treatments.

- Swedish or Deep Tissue Back Massage
- Soothing Scalp Massage
- Foot and Ankle Massage
- Neck and Shoulder Massage
- Eye Collagen Treatment

Today Only. Call the Zàgara Spa on 8824 or visit us to book your appointment.



# LUXURY IS TIMELESS

THE BOUTIQUE ABOARD SILVER WIND

▶ AT 20:00  
THE BOUTIQUE, DECK 5

Curating the most exquisite luxury pieces from around the world isn't just a business, it's a science. Our team travel the world, hand-selecting the finest designer handbags, accessories and apparel from the most coveted fashion houses. Our quality standards are unrivaled and only matched by our dedication to authenticity.



# ROYAL GEOGRAPHICAL SOCIETY



ART FOR YOUR HOME ON SILVERSEA

We are delighted to announce that a display of rare and historically important maps, photographs and other beautiful images from the Royal Geographical Society, with Institute of British Geographers, are now being exhibited throughout the ship. All images and prints are available for purchase at a privileged price on-board the ship via the portal [www.ArtOnSilversea.com](http://www.ArtOnSilversea.com), and delivered directly to your address. Scan the QR code to discover our collection.

# FRIDAY, 28 MARCH 2025

SUNRISE 6:06 • SUNSET 19:13

## MORNING ACTIVITIES

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7:30	Fitness Class: Morning Stretch with Fitness Instructor Shyleen (sign up required)	Dolce Vita (5)
8:30	Today's Silver Quiz, Crossword Puzzle and Sudoku are available (Return the Silver Quiz to Reception by 15:00 - prize points for the most accurate quiz that is returned earliest)	Panorama Lounge (8)
9:00	Fitness Class: Guided Meditation with Fitness Instructor Shyleen (sign-up required)	Fitness Centre (9)
9:30	<b>Enrichment Lecture with Martin - In a tuxedo for dinner: why are seabirds black and white?</b> Why are penguins and so many other seabirds all black and white? This tuxedo pattern is also found in many fish, dolphins, and airplanes. Come and help Martin sort through some of the ideas that have been proposed to explain why.	The Show Lounge (6)
9:30	<b>Coffee Chat with your Expedition Team</b> (until 12:00)	Panorama Lounge (8)
9:30	<b>Deck Watch - Watching out for Wildlife</b> (until 12:00) - Join your Expedition Team members behind the Panorama Lounge (deck 8, Aft) and at the Observation Lounge (deck 9, Fwd)	Panorama Lounge (8) and Observation Lounge (9)
10:30	<b>Workshop: Art Workshop</b> Join our artist residence, Yvonne, for a delightful watercolour workshop! No prior experience is needed - just bring your creativity and enthusiasm and join us for a fun and relaxing experience with watercolours! All materials will be supplied.	The Conference Room (6)
11:00	<b>Enrichment Lecture with Sara Rodriguez - The Marine Carbon Cycle</b> We often hear about carbon, but what is it and what makes it so important? In this lecture, Sara will share the basics about carbon and its connection with our climate, the oceans and all life on Earth.	The Show Lounge (6)
11:00	Boutique Special: Found in the Dominican Republic, Larimar has become a popular gemstone for jewellery, with its ranging shades of blue resembling these Icelandic masterpieces, carved by the hands of Mother Nature. The finest stones can display an aqua blue but sky blue colours, with cloud-like patches of white are highly prized. Visit the boutique for the first unveiling of this beautiful gem, the perfect memory of your cruise.	The Boutique (5)
11:15	<b>Photo Scavenger Hunt</b> - Join Entertainment Hostess Chloë in this fun game to find the specific item with the use of your smart device. It will be your own expedition adventure but this time... onboard!	Panorama Lounge (8)

## AFTERNOON ACTIVITIES

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14:00	<b>Enrichment Lecture with Malcolm - Why Does Africa Have the Most Megafauna?</b> Africa contains many large animals. Think elephants, rhinos, hippos, lions, giraffes and ostriches. Only a few occur elsewhere in the world today. But until a few thousand years ago there were mammoths, giant sloths, cave bears and elephant birds, So, what happened? Why did they die out? Perhaps sudden volcanoes, or gradual changes to the climate. Or are humans responsible?	The Show Lounge (6)
14:00	<b>Coffee Chat with your Expedition Team</b> (until 17:00)	Panorama Lounge (8)
14:00	<b>Deck Watch - Watching out for Wildlife</b> (until 17:00) - Join your Expedition Team members behind the Panorama Lounge (deck 8, Aft) and at the Observation Lounge (deck 9, Fwd)	Panorama Lounge (8) and Observation Lounge (9)
14:00	Ping Pong Table will be available for your own leisure (until 17:00) (unhosted)	Lobby Deck (4)
15:00	<b>Workshop: From Fact to Fiction</b> Let's take all that knowledge we've gathered on this adventure and spin it into a fantastic fictional tale. Don't forget your notebook!	The Conference Room (6)
16:00	<b>Officer's VS Guest's Team Trivia:</b> join your Entertainment Hostess Chloë and the Officer's of <i>Silver Wind</i> for this Daytime Activity Any team that scores higher than the officers' team will earn double prize points with your Entertainment Hostess Chloe.	Panorama Lounge (8)
16:30	<b>Enrichment Lecture with Sam - Plate Boundaries and the Geology of the Western Cape</b> How do complex plate boundaries effect the geologic record of the Western Cape, and how do geologists formulate a picture from an incomplete record.	The Show Lounge (6)
17:45	<b>Recap and Briefing with your Expedition Team</b>	The Show Lounge (6)

## EVENING ACTIVITIES – DRESS CODE: ELEGANT CASUAL

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18:00	Cocktail hour with Guitarist Nicolas. Cocktail of the day: Garden Highball	Dolce Vita (5)
18:00	Pianist Florandy performs live for your listening pleasure	Panorama Lounge (8)
19:00	Solo Travellers Get Together with Fellow Guests (unhosted)	Panorama Lounge (8)
19:30	Sabbath Service with your fellow Guests (unhosted)	The Conference Room (6)
20:30	Pianist Florandy returns for your listening pleasure	Panorama Lounge (8)
21:30	Guitarist Nicolas performs for your enjoyment (until late)	Dolce Vita (5)
21:30	<b>Grooving through the decades dance party</b> - Whether it's your favourite hits from the 50s, 60s, 70s, or 80s, just let us know your requests, and we'll keep the music playing while you dance your heart out!	Panorama Lounge (8)
22:15	Pianist Florandy returns for your listening pleasure (until late)	Panorama Lounge (8)



# ALL DAY DINING

## BREAKFAST

### ROOM SERVICE

6:00 – 10:00

### PANORAMA LOUNGE (DECK 8)

Early Riser 6:30 – 11:00

### THE RESTAURANT (DECK 4)

À la Carte 8:00 – Last Seating 9:30

### LA TERRAZZA (DECK 7)

Buffet 7:30 – 10:00

### PANORAMA LOUNGE (DECK 8)

Bouillon 11:00 – 13:00

## LUNCH

### THE RESTAURANT (DECK 4)

À la Carte 12:00 – Last Seating 13:30

### LA TERRAZZA (DECK 7)

Buffet 12:00 – 14:00

### THE GRILL (DECK 8) \*\*

12:00 – Last Seating 15:00

## TEATIME

### LA TERRAZZA (DECK 7)

16:00 – 17:00

## IN-SUITE DINING

### 24-HOUR

Available from the In Suite Dining Menu on your ITV.

To place your order please contact your butler or call extension 8815.

In Suite Dining is also available in other public areas when our dining venues are not open for service.

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## VIEW YOUR EXPENSES

Kindly note that your on board expenses can be reviewed anytime on the interactive TV system in your suite. A printed copy of the final statement will be delivered to your suite on the morning of your disembarkation.

## DINNER

*As a courtesy to your fellow guests please respect the times of your dinner reservation.*

### THE RESTAURANT (DECK 4)

À la Carte 18:30 – Last Seating 21:00

### LA TERRAZZA (DECK 7) \*

À la Carte 18:30 – Last Seating 21:00

### THE GRILL (DECK 8) \* / \*\*

À la Carte 18:30 – Last Seating 21:00

### LA DAME (DECK 4) \*

À la Carte 18:30 – Last Seating 21:00

*A dining fee per person applies.*

*Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 14:00 on the day of the reservation, otherwise the full cover fee, per person, will be billed to your Guest Account.*

\* For dinner reservations, please dial 800 during dining hours. Reservations recommended

\*\* Weather permitting

## OPEN 24 HOURS

### OBSERVATION LOUNGE (DECK 9)

A perfect spot to gaze over the sea.

## BAR HOURS

10:00 – 22:00

Pool Bar \*\* (Deck 8)

10:00 – 19:30

Panorama Lounge (Deck 8)

20:30 – until late

Panorama Lounge (Deck 8)

10:00 – 19:30

Connoisseur's Corner / The Humidor (Deck 8)

20:30 – until late

Connoisseur's Corner / The Humidor (Deck 8)

18:00 – until late

Dolce Vita (Deck 5)

# SERVICES

## POOL\* | DECK 8

8:00 – 22:00

\*Weather permitting

## JACUZZI\* | DECK 8

8:00 – 22:00

\*Weather permitting

## ZÀGARA SPA | DECK 9

### BEAUTY SALON

Dial 8824 for appointments.

8:00 – 20:00\*

\*Later appointments until 22:00 available on request.

## FITNESS CENTRE\* | DECK 9

7:00 – 21:30

\*Limited spaces available for classes.

\*Age restriction: over 18 to use the facilities. 16-18 allowed in with guardian.

## SAUNA & STEAM ROOM | DECK 9

8:00 – 20:00

## FUTURE CRUISE MGR | DECK 6

9:00 - 12:00 | 15:00 - 19:00

Please dial 8871 to arrange a private appointment or consult your suite ITV to request an appointment.

## EXPEDITION DESK | DECK 6

9:30 - 12:00 | 14:00 - 17:00

Please note that during Expedition Activities the desk will not be staffed.

## GUEST RELATIONS MGR | DECK 6

Dial 800 for assistance.

8:00 – 12:00 | 16:00 – 19:00

## BOUTIQUES | DECK 5

10:00 – 15:00 | 17:00 – 21:00

Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.

## PHOTO STUDIO | DECK 5

9:00 – 12:00 | 13:00 – 19:00

Use Mac and Windows computers with Photoshop and Lightroom at the Photo Studio anytime. Photo printers and photo-retail are also available

## MEDICAL CENTRE\* | DECK 3

Dial 2151 during clinic hours.

8:00 – 9:00 | 17:00 – 18:00

Dial 8800 (Reception) after hours.

Medical assistance available 24 hours.

\*Kindly inquire for charges prior to consultation.

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 911**