SILVERSEA® EXPEDITIONS

DAILY

CHRONICLES NEWS AND INFORMATION FOR ALL ONBOARD EVENTS



ALBATROSS

Albatrosses are among the largest of flying birds, and the great albatrosses (genus Diomedea) have the longest wingspans of any existant birds, reaching up to 3.7 metres (12 feet). The albatrosses are usually regarded as falling into four genera, but there is disagreement over the number of species.

Albatrosses are highly efficient in the air, using dynamic soaring and slope soaring to cover great distances with little exertion. They feed on squid, fish and krill by either scavenging, surface seizing or diving. Albatrosses are colonial, nesting for the most part on remote oceanic islands, often with several species nesting together.

Pair bonds between males and females form over several years, with the use of "ritualised dances", and will last for the life of the pair. A breeding season can take over a year from laying to fledging, with a single egg laid in each breeding attempt.

Of the 22 species of albatross recognised by the IUCN, all are listed as at some level of concern; 3 species are Critically Endangered, 5 species are Endangered, 7 species are Near Threatened, and 7 species are Vulnerable. Numbers of albatrosses have declined in the past due to harvesting for feathers, but today the albatrosses are threatened by introduced species, such as rats and feral cats that attack eggs, chicks and nesting adults; by pollution; by a serious decline in fish stocks in many regions largely due to overfishing; and by longline fishing. Longline fisheries pose the greatest threat, as feeding birds are attracted to the bait, become hooked on the lines, and drown. Identified stakeholders such as governments, conservation organisations and people in the fishing industry are all working toward reducing this bycatch.

The albatross diet is predominantly cephalopods, fish, crustaceans, and offal, although they will also scavenge carrion and feed on other zooplankton. It should be noted that for most species a comprehensive understanding of diet is known for only the breeding season, when the albatrosses regularly return to land and study is possible.

Albatrosses are colonial, usually nesting on isolated islands; where colonies are on larger landmasses, they are found on exposed headlands with good approaches from the sea in several directions. All albatross colonies are on islands that historically were free of land mammals. Albatrosses are highly philopatric, meaning they will usually return to their natal colony to breed.

SILVER WIND

FRIDAY, 21 MARCH 2025

ANCHOR OFF

ST. ANDREWS BAY, SOUTH GEORGIA Arrival: 6:00 Departure: 12:15

ANCHOR OFF

GODTHUL, SOUTH GEORGIA Arrival: 14:00 Departure: 18:00

TODAY'S WEATHER

Overcast / Chances of Rain High: 10°C / 50°F Low: 5°C / 41°F

LA DAME

THE GRANDE CUISINE FRANCAISE ONBOARD

Experience the pinnacle of French fine dining, where timeless culinary traditions harmoniously blend with contemporary creativity.

La Dame stands as a custodian of the esteemed principles of Grande Cuisine française, a legacy crafted by the illustrious chefs of Louis XIV's court. This heritage is lovingly nurtured by a brigade trained in the finest of houses, who invite you to take part in an extraordinary gastronomic journey. Delight in a symphony of rich, balanced flavors, whether through meticulously designed tasting menus or à la carte offerings, all complemented by an exquisite selection of wines.

Please contact Restaurant Manager to secure your seat.

HOW TO TAKE A GOOD PHOTO

HELPFUL CLASSES FOR ALL SKILL LEVELS

PHOTO STUDIO, DECK 5

If you long to take great photos with your camera or smartphone, visit our onboard Photo Studio to learn about a range of photography techniques, tools, and topics. We offer one-on-one instruction as well as group classes tailored to your ability. If

you're interested in learning the basics, or if you're ready to take your skills to the next level, our classes will train your photographer's eye so you can capture the most memorable moments in a variety of situations and settings. Fees apply. **For more information, please contact your Photo Studio Manager Bogdan.**

HUBERT: PEARLS

TIMELESS AND ELEGANT



The history of the pearl goes back over seven thousand years. The pearl is the oldest gemstone known to man.

From the White South Seas to exotic Tahitians and naturally coloured Goldens from Indonesia and the Philippines, they are a timeless classic Join our jewellery and gemstone specialist Harsh and Remus for an informative chat on the history and value of these organic gems of the ocean.

REFLEXOLOGY

THE ANCIENT HEALING THERAPY

THE ZÀGARA BEAUTY SPA, DECK 9

Guided by an Asian philosophy that suggests the vital organs of the body are connected to reflex points in the feet via constantly flowing energy channels, this ancient healing therapy is as blissful as it is beneficial. Massaging these points can help restore your natural energy flow and improve health by sending waves of relaxation throughout your body. 50 minutes. A 360 mind and body philosophy is the cornerstone in achieving a desired state of being – whether to relax, restore, revitalize or rebalance. Every therapy is designed to evoke an awareness of the mind, body and soul; every detail nurtures well-being at this elegant respite.



CLOSE ENCOUNTERS OF A THRILLING KIND

Come face-to-face with a giant tortoise. Snorkel with penguins and dive with sea lions. Reclaim your feeling of wonder as you hike across ancient lava tunnels and back to the beginning of time. Ever since Darwin explored the Galápagos, The Enchanted Islands have remained one of life's great adventures. Even more enchanting aboard Silver Origin.

Save up to 10% on selected sailings if you book today on board.



For more information, please contact your Future Cruise Manager Joshua on Deck 6, or extension 8871.

\$SILVERSEA* EXPEDITIONS

CHRONICLES FROM YOUR VOYAGE



The Daily Chronicles from your Voyage are available on MYCRUISE. In order for you to view them from your devices, visit mycruise.com using Silversea Guest Wi-Fi and select the option Guest Compendium.

ROYAL GEOGRAPHICAL SOCIETY MAPS

THE PERFECT MEMENTO OF YOUR ADVENTURE

Take home a keepsake to treasure. Visit the Photo Studio to peruse a selection of beautiful antique maps. These 18th-century charts – exact facsimiles of maps held in the Collections of the Royal Geographical Society – are exclusively available for purchase through our partnership with the Society.







FRIDAY, 21 MARCH 2025 SUNRISE 6:27 • SUNSET 18:33

IMPORTANT NOTICE: BIRD STRIKES

Please be advised that we will be darkening the ship during the night in order to avoid any bird strikes. We ask you to take extra care when walking on the outer decks after dark as all lights will be minimized. The blinds and curtains will be drawn in all public areas as well as in your suite. We thank you for your cooperation and understanding.

MORNING ACTIVITIES

| 6:00 | Silver Wind will anchor off St. Andrews Bay, South Georgia We recommend you dress warmly and in your waterproof gear. Remember to carry your suite key card when going ashore. Kindly listen for announcements and only proceed to the mudroom (3) once your group has been called. | |
|-------|---|-----------------------|
| 7:00 | Approx. disembarkation for a wet landing: Zodiac Groups 5 followed by 6 and 1 | Departs from Deck (3) |
| 7:30 | Fitness Class: Body Conditioning with Fitness Instructor Shyleen (sign up required) | Dolce Vita (5) |
| 8:30 | Today's Silver Quiz, Crossword Puzzle and Sudoku are available (Return the Silver Quiz to Reception by 15:00 - prize points for the most accurate quiz that is returned earliest) | Panorama Lounge (8) |
| 9:30 | Approx. disembarkation for a wet landing: Zodiac Groups 2 followed by 3 and 4 | Departs from Deck (3) |
| 10:00 | Spa Seminar: do your eyes look tired? Join the Zàgara spa team to find out how to remove dark circles, puffiness and fine lines. Complimentary eye spa treatment for all guests who attend. | The Zàgara Spa (9) |
| 11:30 | Spa Seminar: "How to improve your posture" | Fitness Centre (9) |
| 11:45 | Team Trivia: join your Entertainment Hostess Chloë for this Daytime Activity | Panorama Lounge (8) |

11:45 Last Zodiac

AFTERNOON ACTIVITIES

| 12:15 | Silver Wind will sail for our next destination | |
|-------|---|-----------------------|
| 13:00 | Boutique Presents: Until 2012 it was thought that pearls dated back 5000 years till a pearl so rare was discovered which carbon dated back 7500 years. Join your Fine Jewellery Specialist Harsh and Remus, in the boutique today for an informative chat on the history and value of pearls. | The Boutique (5) |
| 14:00 | Silver Wind will anchor off Godthul, South Georgia We recommend you dress warmly and in your waterproof gear. Remember to carry your suite key card when going ashore. Kindly listen for announcements and only proceed to the mudroom (3) once your group has been called. | |
| 14:30 | Approx. disembarkation for a wet landing followed by zodiac cruise: Zodiac Groups 5 followed by 6 and 1 | Departs from Deck (3) |
| 15:00 | Approx. disembarkation for a zodiac cruise followed by wet landing: Zodiac Groups 2 followed by 3 and 4 | Departs from Deck (3) |
| 17:30 | Last Zodiac | |

EVENING ACTIVITIES - DRESS CODE: ELEGANT CASUAL

| 18:00 | Cocktail hour with Guitarist Nicolas. Cocktail of the day: Pineapple Sour | Dolce Vita (5) |
|--------|--|-------------------------|
| 18:00 | Pianist Florandy performs live for your listening pleasure | Panorama Lounge (8) |
| 18:00 | Fitness Class: Evening Stretch with Fitness Instructor Shyleen (sign-up required) | Fitness Centre (9) |
| 18:00 | Silver Wind will sail for our next destination | |
| 18:15 | South Georgia Heritage Trust Auction with your Expedition Team | The Show Lounge (6) |
| 19:00 | Solo Travellers Get Together with Fellow Guests (unhosted) | Panorama Lounge (8) |
| 19:00 | Boutique Special: The fashion house founded by Gabrielle "Coco" Chanel created the ultimate symbol of femininity in 1921 with Chanel No. 5, so called because it was the fifth scent presented by its designer to Mlle. Chanel. Nearly a century later, the timeless classic has been joined by many other scents, but all share the graceful sophistication of the firstborn. | The Boutique (5) |
| 19:30 | Sabbath Service with your fellow Guests (unhosted) | The Conference Room (6) |
| 20:00 | Boutique Presents: Sophisticated, comfortable, delicate, silky, velvety, fresh. Sisley products offer an array of richly sensorial textures to combine pleasure with effectiveness. Each galenic formula is a concentrate born of experience, innovation, and creativity that has been developed in our laboratories to meet the needs of all skin types. Visit us on Deck 5 for a consultation. | The Boutique (5) |
| 20:30 | Pianist Florandy returns for your listening pleasure | Panorama Lounge (8) |
| 21:30 | Guitarist Nicolas performs for your enjoyment (until late) | Dolce Vita (5) |
| 21:30 | Majority Rules Game Show with Entertainment Hostess Chloë Join Entertainment Hostess Chloë for this interactive game show. There is no right or wrong answer, because the majority makes the rules | Panorama Lounge (8) |
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22:15 Pianist Florandy returns for your listening pleasure (until late)



ALL DAY DINING

BREAKFAST

ROOM SERVICE 6:00 – 10:00 PANORAMA LOUNGE (DECK 8) Early Riser 6:00 – 11:00

THE RESTAURANT (DECK 4) À la Carte 8:00 – Last Seating 9:30

LA TERRAZZA (DECK 7) Buffet 6:30 – 9:30

PANORAMA LOUNGE (DECK 8) Bouillon 11:00 – 13:00

LUNCH

THE RESTAURANT (DECK 4) À la Carte 12:00 – Last Seating 13:30

LA TERRAZZA (DECK 7) Buffet 12:00– 14:00

THE GRILL (DECK 8) ** 12:00 – Last Seating 15:00

TEATIME

LA TERRAZZA (DECK 7) 16:00 – 17:00

IN-SUITE DINING 24-HOUR

Available from the In Suite Dining Menu on your ITV. To place your order please contact your butler or call extension 8815.

In Suite Dining is also available in other public areas when our dining venues are not open for service.

DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4) À la Carte 18:30 – Last Seating 21:00

LA TERRAZZA (DECK 7) * À la Carte 18:30 – Last Seating 21:00

THE GRILL (DECK 8) * / ** **Closed** (due to wildlife protection throughout South Georgia)

LA DAME (DECK 4) * À la Carte 18:30 – Last Seating 21:00 A dining fee per person applies.

Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 14:00 on the day of the reservation, otherwise the full cover fee, per person, will be billed to your Guest Account.

- * For dinner reservations, please dial 800 during dining hours. Reservations recommended
- ** Weather permitting

OPEN 24 HOURS

OBSERVATION LOUNGE (DECK 9) A perfect spot to gaze over the sea.

BAR HOURS

10:00 - 19:00 10:00 - 19:30 20:30 - until late 10:00 - 19:30 20:30 - until late 18:00 - until late Pool Bar ** (Deck 8) Panorama Lounge (Deck 8) Panorama Lounge (Deck 8) Connoisseur's Corner / The Humidor (Deck 8) Connoisseur's Corner / The Humidor (Deck 8) Dolce Vita (Deck 5)

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

STAY HEALTHY

Please help us to help you stay healthy by using the hand sanitizers at the gangway before boarding the ship in each of the ports of call. Take advantage of the hand sanitizers around the ship. Stay healthy and enjoy your cruise experience!

SERVICES

POOL* | DECK 8 8:00 - 19:00 *Weather permitting

JACUZZI* | DECK 8 8:00 - 19:00 *Weather permitting

ZÀGARA SPA | DECK 9 BEAUTY SALON

Dial 8824 for appointments. 8:00 - 20:00* *Later appointments until 22:00 available on request.

FITNESS CENTRE* | DECK 9

7:00 – 21:30 *Limited spaces available for classes. *Age restriction: over 18 to use the facilities.16–18 allowed in with guardian.

SAUNA & STEAM ROOM | DECK 9 8:00 - 20:00

FUTURE CRUISE MGR | DECK 6

9:00 – 12:00 | 16:00 – 19:00 Please dial 8871 to arrange a private appointment or consult your suite ITV to request an appointment.

EXPEDITION DESK | DECK 6

Please note that during Expedition Activities the desk will not be staffed.

GUEST RELATIONS MGR | DECK 6

Dial 800 for assistance. 8:00 – 12:00 | 16:00 – 19:00

BOUTIQUES | DECK 5

12:00 – 14:00 | 19:00 – 22:00 Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.

PHOTO STUDIO | DECK 5

11:00 - 13:00 | 18:00 - 20:00 Use Mac and Windows computers with Photoshop and Lightroom at the Photo Studio at anytime. Photo printers and photo-retail are also available

MEDICAL CENTRE* | DECK 3

Dial 2151 during clinic hours. 8:00 – 9:00 | 17:00 – 18:00 Dial 8800 (Reception) after hours. Medical assistance available 24 hours. *Kindly inquire for charges prior to consultation.

IN THE EVENT OF AN EMERGENCY PLEASE DIAL 911